



SBRC Lap Pool

March 28-May 1

Pool schedule is subject to change. Please read the bottom of the schedule for anticipated changes.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
6:00am	Lap Swim 6:00-3:45	2 lanes open 6:00-7:00 BAM	Lap Swim 6:00-3:45	2 lanes open 6:00-7:00 BAM	Lap Swim 6:00-3:45					
6:30am										
7:00am										
7:30am										
8:00am		Lap Swim 7:00-12:30		Lap Swim 7:00-12:30		Lap Swim 8:00-9:00	Lap Swim 8:00-11:00			
8:30am										
9:00am						3 lanes open 9:00-10:00 FHS Boys				
9:30am										
10:00am									5 lanes open	2 lanes open 11:00-2:00 Scuba or Synchro
10:30am										
11:00am										
11:30am										
12:00pm										
12:30pm		3 lanes open 12:30-1:30 H ₂ O Fitness		3 lanes open 12:30-1:30 H ₂ O Fitness						
1:00pm										
1:30pm										
2:00pm		Lap Swim 1:30-3:45		Lap Swim 1:30-3:45		Lap Swim 2:00-4:30	2 lanes open Open Swim w/ Diving Board! 2:00-4:00			
2:30pm										
3:00pm										
3:30pm										
4:00pm	0 lanes open 3:45-5:45 FHS	0 lanes open 3:45-5:45 FHS	0 lanes open 3:45-5:45 FHS	0 lanes open 3:45-5:45 FHS	0 lanes open 3:45-5:45 FHS					
4:30pm										
5:00pm										
5:30pm										
6:00pm	2 lanes open 5:45-8:30 Synchro	2 lanes open 6:00-7:00 BAM	2 lanes open 5:45-8:30 Synchro	2 lanes open 6:00-7:00 BAM	3 lanes open 6:00-7:00 RevRun					
6:30pm										
7:00pm		2 lanes open 7:00-8:30 Water Polo		2 lanes open 7:00-8:30 Water Polo	Lap Swim					
7:30pm										
8:00pm										
8:30pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim						

Tuesday, 4/5 & 4/19, FHS Swim Meets, 3-7PM, All lanes (No PM BAM)

Friday and Saturday, 4/15 & 4/16, BOCO Swim Meet, All lanes, Friday 3-6PM, Saturday 11:30-4:30PM

Saturday, 4/16, Scuba 1 lane 8-8:30AM, 4 lanes 8:30-11:30AM

Saturday, 4/30 & 5/7, BAM LG Training 2-4:30PM, 2 lanes